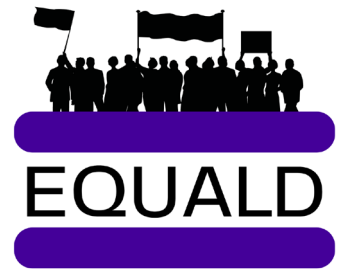




University of
Sheffield



Glossary

**Explanations of words and
phrases used in the EQUALD
resources**

FUNDED BY

NIHR | National Institute for
Health and Care Research

V1

Assessment

An **assessment** is a way of finding out about the care and support you need.

It is a conversation about your life:

- things you want to do
- things you find hard
- the help you need

Care and support plan

Your **care and support plan** is written after your **assessment**. It says:

- the things you want to do
- the help you need
- how that help will be given to you

This helps to make sure that you get support to live the life you choose.

Council

Every local area has a council. Councils look after things like housing, education, recycling and roads.

Your council is also in charge of social care. This means they are responsible for:

- assessments
- care and support plans
- deciding if they will pay for your care

Direct payment

A **direct payment** is money that the council gives you to pay for your care and support. You have to:

- find and manage your own care workers
- keep records of how money is spent
- find and pay for activities

Direct payments give people a lot of choice and control. It can also be a lot of work!

Individual Service Fund

Also called an **ISF**.

It is one way to get your **personal budget**.

The money is paid to a **support provider**. They can:

- work with you to plan your care and support
- employ and manage your care staff
- pay other organisations for support and activities

Outcome

Your **care and support plan** will be about working towards **outcomes**. Examples of outcomes:

- cook all my own meals
- get a job
- visit family more often

The activities that help you work towards these outcomes might be: support to cook meals, do a college course, or learn to use the bus.

Personal budget

A **personal budget** is an amount of money from your council. It can only be spent on the things in your Care and Support plan.

- The council can use it to buy your care
- They can give it to a support provider as an **ISF**
- They can give it to you as a **Direct Payment**

Review

Your **care and support plan** should be **reviewed** every year. A review is a meeting to talk about:

- if anything has changed since your last assessment or review
- what is working well
- if anything can be better

Support provider

A support provider is an organisation that organises support for people. They:

- employ and train support staff
- write and follow care plans
- find activities and other opportunities for the people they support

Toolkit

A **toolkit** is usually a collection of documents.

Toolkits are often made at the end of research projects.

Making a toolkit is one way to make sure that research helps people in their life and work.

Useful links

EQUALD video about ISFs

<https://vimeo.com/1092471465?share=copy>

EQUALD homepage

www.sites.google.com/sheffield.ac.uk/equald/home

More EQUALD resources about ISFs

<https://sites.google.com/sheffield.ac.uk/equald/toolkits?authuser=0>



The EQUALD toolkits were co-produced by:

Self advocacy groups

Support providers

Local councils

The EQUALD Team at Sheffield University