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# People Focused Group

The Home Peer Support of Doncaster

## THE Wellness Centre

Happy Faces make Safe Places

The Wellness Centre is home to PFG and the beating heart of everything we strive to be.

*For the good of the Community*



# Share with us

**We are committed to offering you the following:**

- **a meal each day**
- **a cuppa and a chat**
- **a safe space to make new friends**
- **a chance to connect with the community**
- **a forum to give and receive support**
- **a Foodbank**
- **a safe route to specialist services**

Peer Support is simple. We are all helpers and people being helped. It might be cheering someone up with a smile, or helping with something more practical.



# Contact Us...

We also connect and help each other using Facebook. Come and join us and find out how you can get help and help others.

*We are pioneers in the power of peer support who are embracing a new way to deliver community support.*

**People Focused Group - The Wellness Centre**

**45 Montrose Avenue, Intake, Doncaster DN2 6PL**

Come on in. What are you waiting for? For more information or just a really good chat in confidence, contact us at:

**01302 618 507**

**e: [hello@peoplefocused.org.uk](mailto:hello@peoplefocused.org.uk)**

We stay connected using social media:

 People Focused Group  @pfgdoncaster



# About the Centre

**The Wellness Centre is home to PFG and the beating heart of everything we strive to be.**

Our mission is to help as many people as possible. We work together to find solutions, do fun things and get involved in the community. People who've experienced mental illness, poor health, disability or difficult times still have tons to give the world.

