



# Global Standards for Self-Directed Support



**Global Standards** are expectations for everyone to follow, anywhere in the world.



**Self-directed support** means that I control:

- **Who** supports me
- **How** I am supported
- **What** I do
- **When** I do it



I have **choice, control** and **freedom** when these standards are followed.

# The Global Standards



## 1. Money

I choose how to spend the money for my support.



## 2. Decisions

I am the decision-maker. I can get help with making decisions.



## 3. Education

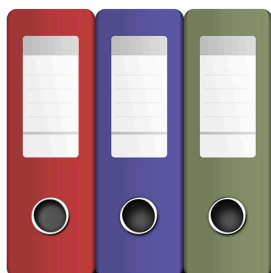
Teach me about self-directed support, and what it means.



## 4. Information

Make sure everyone gets clear information about self-directed support.

It must be available in a range of languages. It must respect all cultures and backgrounds.



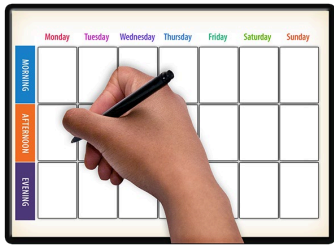
## 5. Administration

Planning and organising my support should be as easy as possible.



## 6. Planning

Use person-centred planning to help me shape my own future.



## 7. Organising

Help me to hire and manage staff, and look after my budget. This help should be free.



## 8. Family and friends

Give my family and friends the information they need to support me.



## 9. Staff

Treat support staff fairly and with respect. Pay them properly.



## 10. Help

Help me to find out what I am entitled to, and how to get support.

This help could be given by people with lived experience.



## 11. Fairness

The amount of money I get for my support should be fair. It should be based on my plans and needs.



## 12. Location

If I move to a new area, I should still get the same amount of support.



## 13. Advocacy

Give me independent Advocacy to help me get my rights, to make decisions, and be protected from abuse.



## 14. Control

I control my care and support. I can choose how much of my support is self-directed.



## 15. Quality

Make sure my support is good quality. This means I get the life I want, and the support I need.



## 16. Equity

Everybody should be offered self-directed support: people of every gender, disability, ethnic background, sexuality or religious belief.



## 17. Trust

Trust me. Involve me in decisions about how the support system works.



## Self-Directed Support Network

Leading the global development of self-directed support



Web: [www.selfdirectedsupport.org](http://www.selfdirectedsupport.org)

Twitter: [@SDSNetwork](https://twitter.com/SDSNetwork)

